

Programme Specification

1	Awarding body	University of London				
2	Teaching Institution	Birkbeck College				
3	Programme Title(s)	MSc Career Coaching				
4	Programme Code(s)	TMSCCOAC_C				
5	UCAS code (if applicable)	N/A				
6	Home Department	Organizational Psychology				
7	Exit Award(s)	PG Diploma, PG Certificate				
8	Duration of Study (number of years)	2				
9	Mode of Study	FT		PT	x	DL
10	Level of Award (FHEQ)	7				
11	Other teaching depts or institutions	N/A				
12	Professional, Statutory Regulatory Body(PSRB) details	Career Development Institute				
13	QAA Benchmark Statement	N/A				

14	Programme Rationale & Aims
	<p>The MSc Career Coaching offers a unique combination of in-depth study of career management, counselling and coaching with practical training in career coaching skills. It includes the development of research skills and the academic study of behaviour at work. Students will also have the opportunity to apply for one of a limited number of placements with the Birkbeck Careers Service in their second year.</p> <p>The course aims to equip coaches, consultants and HR professionals to work with groups and individuals at relational depth in organisations; in the role of career coach, coach or consultant. It will enable students to critically evaluate theory, research and practice in these fields and to undertake applied career research.</p> <p>This is one of the few programmes in the UK to focus on adult career management and coaching. It attracts individuals working in a wide range of settings and organisational contexts, and provides excellent opportunities for peer learning and networking.</p> <p>HIGHLIGHTS:</p> <ul style="list-style-type: none"> • The Department of Organizational Psychology is renowned for its quality teaching and expertise in the delivery of part-time courses. • We offer students a bespoke skills training day, as part of this course and the opportunity to apply for a placement opportunity in the Birkbeck careers service • Access to an extensive range of electronic resources, including specially prepared texts for each module. Use of the online learning environment with a high level of staff support. • People who hold the MSc Career Coaching meet the qualification requirements for entry to the UK Register of Career Development Professionals. Being on the Register proves to employers and clients that you hold a qualification in career development

	at QCF Level 6/SCQF level 11 or above, abide by the CDI Code of Ethics, and undertake and record a minimum of 25 hours' CPD per year. Increasingly employers are asking that employees are on the Register.
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15	<p>Entry Criteria</p> <p>Our standard postgraduate entry requirement is a second-class honours degree (2:2 or above) from a UK university, or an equivalent international qualification.</p> <p>Management development professionals and consultants without a second-class honours degree (2:2 or above) but with suitable professional qualifications and at least five years' significant management experience in a range of organisations may be considered.</p> <p>Applications are reviewed on their individual merits and professional qualifications and/or relevant work experience will be taken into consideration positively. We actively support and encourage applications from mature learners.</p>
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16	<p>Learning Outcomes</p> <p>The programme aims to equip coaches, consultants and HR professionals to work with groups and individuals at relational depth in organisations in the role of career coach, coach or consultant. It will enable career coaches to critically evaluate theory, research and practice in these fields.</p> <p>Students will have:</p> <ul style="list-style-type: none"> • Developed the core and advanced career coaching skills to work at depth with career clients. • An In-depth theoretical knowledge of career theories, coaching approaches and career coaching theory • Developed an evidence based approach to working with career clients • The skills to support individuals to identify and explore their career development needs and aspirations • Built a career coaching practice supported by professional supervision. • The capacity to build and maintain client centred relationships • The skills of reflective practice to develop an ethical approach to working with clients • The ability to monitor and evaluate their coaching practice. • Learned how to develop and manage evidence based organisational career interventions • The ability to respond appropriately to the complex demands of clients • An understanding of the dynamics present in coaching relationships • Have an understanding of organizational, social and cultural contexts which impact on careers • An ability for critical self-reflection on the ways in which they impact on the coaching process.
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	<ul style="list-style-type: none"> • A knowledge of the research evidence on process and outcomes of psychological therapy relevant to coaching • An understanding through personal development work of their own career development • Critical Thinking Skills. • Conducted Masters level research and thereby contribute to the career field. • Built a career and coaching network
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17	<p>Learning, teaching and assessment methods</p> <p>Teaching will include formal lectures, seminars, and practical classes and tutorials. Formal lectures are used in most degree programmes to give an overview of a particular field of study. They aim to provide the stimulus and the starting point for deeper exploration of the subject during the student’s own personal reading. Seminars give students the chance to explore a specific aspect of their subject in depth and to discuss and exchange ideas with fellow students. They typically require preparatory study.</p> <p>In addition, students have access to pastoral support via a named Personal Tutor.</p> <p>Methods of teaching: Theoretical components are taught mainly via evening sessions supported through online materials and by attendance at evening classes. The career coaching skills are taught mainly through Saturday workshops with teaching and feedback on skills development from experienced tutors.</p> <p>Access to suitable clients is required for this work. External independent supervision is also required to support professional practice.</p> <p>Methods of teaching: The programme is assessed by termly essays, reports, case studies, reflective assignments or proposals and by an independent applied research project (8000 words), normally submitted at the end of the final year.</p>
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18	<p>Programme Description</p> <p>The Masters programme is a combination of academic and skills modules as below:</p> <p>Year One: Term One: Life Career Development, Research Methods Term Three: Career Counselling and Coaching Terms One, Two and Three : Core Career Coaching Skills</p> <p>Year Two Term One, Two and Three: Coaching in Practice Term Two: Work and Well Being Term One, Two and Three: Research Project</p> <p>In total, students complete 6 taught modules and a supervised independent applied research project.</p>
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19	Programme Structure			
Part-Time programme – 2 years				
Year 1				
Level	Module Code	Module Title	Credits	Status*
7	MOOP007H7	Life Career Development	15	Compulsory
7	BUOB037H7	Research Methods	15	Compulsory
7	MOOP001H7	Career Counselling and Coaching	15	Compulsory
7	BUOB098S7	Core Career Coaching Skills	30	Compulsory
Year 2				
Level	Module Code	Module Title	Credits	Status*
7	MOOP008H7	Work and Wellbeing	15	Compulsory
7	BUOB099S7	Coaching in Practice	30	Compulsory
7	BUOB042D7	Research Project (Organizational Psychology)	60	Compulsory

Status*

CORE – Module must be taken and passed by student

COMPULSORY – Module must be taken, mark can be reviewed at sub-exam board

OPTIONAL – Student can choose to take this module

20	Programme Director	Janet Sheath
21	Start Date (<i>term/year</i>)	Prior to 2008/9
22	Date approved by Education Committee	Prior to 2008/9
23	Date approved by Academic Board	Prior to 2008/9
24	Date(s) updated/amended	April 2022 (for 2022/23)